

### Quick Instructions:

- Fill out the form below
- Be sure to check off the items you would like to purchase
- Remember to include your mailing address
- Include check or money order
- Print this form ...
- Sign the form ...
- Using the following form will speed your order and ensure mailing to proper address

### #1 Select the item(s) you wish to order

Quantity:	FACING PANIC: Self-Help for People with Panic Attacks...\$15.00 <b>NEW</b>
Quantity:	DON'T PANIC (Book)...\$15.00
Quantity:	DON'T PANIC SELF HELP KIT...\$79.95
Quantity:	DON'T PANIC KIT plus BOOK...\$89.95
Quantity:	ACHIEVING COMFORTABLE FLIGHT...\$59.95
Quantity:	STOP OBSESSING (revised edition)...\$17.00
Quantity:	STOP OBSESSING AUDIO TAPE SERIES...\$24.95

### #2 Determine the amount to be billed

SUB-TOTAL  
Shipping + \$3.00 per order handling fee)  
North Carolina Residents add 6.5% Sales Tax  
TOTAL

### #3 Enter your shipping information

Full Name:  
Address Line 1:  
Address Line 2:  
City:  
State:  
Zip code:  
Phone number:  
E-mail address:

**Or call this toll-free number for a free brochure on these Self-help resources available from Pathway Systems and Anxieties.com 800-394-2299 (919-942-0700)**